

## Life Competency Model

LCM addresses and assesses three important components directly affecting the individual's success, or indeed too frequently, his/her failure to respond to treatment plans.

They are:

1. The Individual
2. The Family/ Society
3. The System

LCM attempts to extinguish the "blaming the victim" mentality, while bringing consistency and efficiency to each individual treatment plan.

LCM works well in any setting such as the hospital, residential housing, homeless shelter, or street environment.

LCM addresses the pivotal issues of hopelessness and helplessness, as they are experienced relative to homelessness.

LCM is unique in its approach to treatment, while incorporating many tools and procedures now in common use.

LCM has a **proven record** of success with data base back-up.

**"There is no pay so sweet as the accomplishment of a job well done"**

**-Maya Angelou**

## What is New and Unique About This Model

LCM is unique in that it:

1. Begins at a very primitive level utilizing both the physical and emotional without the initial use of linguistics.
2. It is designed with flexibility that can be utilized in any environment.
3. It has developed a transitional bridge between the different elements of care to ensure consistency in treatment and philosophy
4. It has a developed holistic assessment base that measures progress in levels of cognitive processing, volitional development, personal causation, social interactions, group level of functioning and basic living skills such as organization, consistency, hygiene, daily routine.
5. It provides a progressive client skills data base.

The LCM should be embraced by all as it gives understanding without blame to the needs of all involved in the cycle of desocialization. It gives hope for a better outcome than what the past has presented. It removes the blame and guilt by explaining the human elements of confusion through the process and helps to energize all involved to move forward.

**"There is only one race"**

**-James Baldwin**

## **Skills to Assess / Address / and Develop**

### 1. Personal Self-Care

Personal Causation  
Personal Cleanliness  
Personal time scheduling  
Personal confusion, frustration and disorganization

### 2. Task Function

Plan personal space  
Organization of living environment  
Follow instruction to completion  
Attention to detail and neatness

### 3. Communication

Initiation of contact  
Response to others  
Conflict resolution  
Stress reduction  
Frustration tolerance

### 4. Community (self work play)

Cultural and spiritual environment  
Activities of interest  
Utilization of social supports  
Understand physical and emotional needs

**“Do for the sake of doing and the doing is the reward”  
-Nancy Curci**

## **About the Presenter**

Nancy Curci has thirty years experience working in the human service field. Her diversified roles include: consultant; professor; guest lecturer; and President of the Worcester chapter of the alliance for the mentally ill.

Her education includes a Masters Degree in management of Human Services; and a Bachelor of Arts degree in Urban Studies and Social services.

She has certifications in; gerontology; team counseling; and psychiatric rehabilitation.

She is licensed in the state of Massachusetts as an: Occupational therapist; Licensed Clinical Social Worker; and Rehabilitation Counselor.

She has worked with individuals, who have issues with chronic mental illness, homelessness, and battering.

Her work has been in hospitals, communities, family environments and school systems, and on the streets

She is continually working toward the improvement of the therapy available to the disenfranchised

**“To observe sorrow untouched is to cause it to continue”  
-Blatt**

For further information concerning the LCM and its implementation in your rehabilitation environment please contact:

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